



Nonajordan

The Reverence Framework

A pathway to heal unconscious scarcity wounding

1.

ROOT & RESOURCE

Create a sense of safety in the body. By creating a sense of safety and calm in the body, you are able to operate more consciously in the present moment.

REMEMBER

Truthfully and compassionately take stock of where you are. To know where you want to go, you must have a clear picture of what is true in your life, now.

2.

3.

RELEASE

Release the scarcity wounding that drives your current feelings and actions with money. Use somatic, soul, and mindset work to heal and release trauma.

RECALIBRATE

Reclaim your capacity to do things differently. Access and act on your wisest, strongest self by recalibrating your narrative for empowered leadership.

4.

5.

RECEIVE

Opening to the strength and clarity you have access to via your wisest self - you will know the path that will move you toward your deepest desires..

RIGHT-ACTION

Empowerment is built not only through regulating the nervous system, awareness, healing, and shifting your mindset but through day-to-day actions.

6.

