

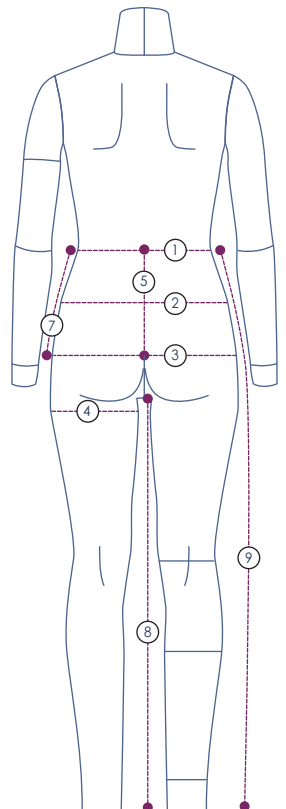
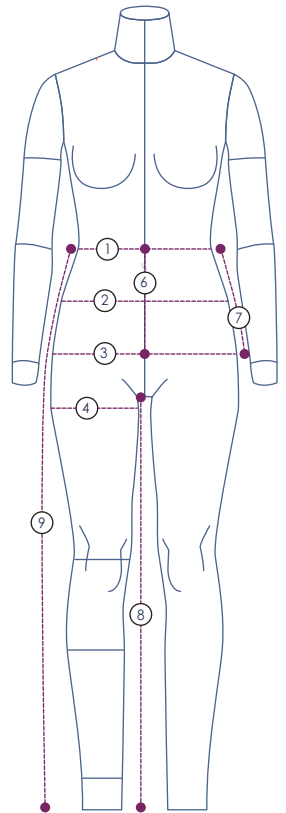
## The Pattern Measurement Worksheet - Pants

PATTERN	DATE	NAME
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[illegible]

# The Pattern Measurement Worksheet - Pants

POINT OF MEASURE	HOW TO MEASURE
1 WAIST GIRTH	Measure around the body at the narrowest part of the waist. Keep the measuring tape level with the floor.
2 HIGH HIP GIRTH	Measure around the body midway between the waist and hip. Keep the measuring tape level with the floor.
3 HIP GIRTH	Measure around the body at the fullest part of the hip. Keep the measuring tape level with the floor.
4 THIGH GIRTH	Measure around the body at the fullest part of the thigh (approx. 1" (2.5 cm) from crotch level). Keep the measuring tape level with the floor.
5 CB WAIST TO HIP	Measure from the waist to the hip at center back. Keep the measuring tape perpendicular to the floor.
6 CF WAIST TO HIP	Measure from the waist to the hip at center front. Keep the measuring tape perpendicular to the floor.
7 SIDE WAIST TO HIP	Measure from the waist to the hip at the side. Keep the measuring tape perpendicular to the floor.
8 INSEAM	Measure from the crotch to the floor between the legs. Keep the measuring tape perpendicular to the floor.
9 OUTSEAM	Measure from the waist to the floor at the side. Keep the measuring tape perpendicular to the floor.
CROTCH LENGTH	While seated on a firm, flat surface, measure from the waistline to the surface at the side of the body.
TOTAL RISE	Measure from front waist, through the legs to the back waist. Add 1/2" (1.3 cm) to 1" (2.5 cm) ease.
FRONT RISE	Measure from front waist to inseam using a special tape measure*.
BACK RISE	Measure from back waist to inseam using a special tape measure*.



## NOTES:

\* These are measurements for comparison and checking only.  
Find your hip girth in the first column, the corresponding crotch length is adjacent to it.

\*Check the Crotch Length Measurement:  
Outseam - Inseam = Crotch Length

\_\_\_\_\_ - \_\_\_\_\_ = \_\_\_\_\_  
Use the higher number if it's close to the manual measurement.  
If you have a large discrepancy, measure two more times!

\*The measurement assistance chart shows standard crotch depth measures for standard sizing. Use this for general comparison.

MEASUREMENT ASSISTANCE			
HIP GIRTH	CROTCH LENGTH	HIP GIRTH	CROTCH LENGTH
33" (84 cm)	10 1/4" (26 cm)	44" (112 cm)	12 1/4" (31 cm)
34" (86 cm)	10 1/2" (26.6 cm)	45" (114 cm)	12 3/8" (31.5 cm)
35" (89 cm)	10 3/4" (27.3 cm)	46" (117 cm)	12 1/2" (31.8 cm)
36" (91 cm)	11" (28 cm)	47" (120 cm)	12 5/8" (32.2 cm)
37" (94 cm)	11 1/8" (28 cm)	48" (122 cm)	12 3/4" (32.5 cm)
38" (96 cm)	11 1/4" (28.7 cm)	49" (125 cm)	13" (33 cm)
39" (99 cm)	11 3/8" (29 cm)	50" (127 cm)	13 1/4" (33.5 cm)
40" (101 cm)	11 1/2" (29.4 cm)	51" (129 cm)	13 3/8" (34 cm)
41" (104 cm)	11 3/4" (30 cm)	52" (132 cm)	13 1/2" (34.5 cm)
42" (106 cm)	12" (30.5 cm)	53" (134.5 cm)	13 3/4" (35 cm)
43" (109 cm)	12 1/8" (30.8 cm)	54" (137 cm)	14" (35.5 cm)