

## TRAUMA INFORMED PROFESSIONAL CERTIFICATE PROGRAM

*A continuous journey of self-discovery and growth moving towards excellence*



This assessment-based certificate program offers both live (virtual) and self-paced curriculum which is grounded by the eight attributes of the Trauma Informed Professional. The attributes reflect competencies required for completion of this certificate program.

### PROGRAM OUTLINE

#### **I. SURGE MASTERCLASS**

Required attendance: 3-hour live virtual session

Objectives

- Realize the pervasiveness of trauma in everyday life
- Recognize the signs and symptoms of trauma in patients, families, colleagues and self
- Use the 5 core measures to identify ways to integrate knowledge and evidence-based best practices
- Identify one next step in daily practice to start and stop to become more trauma informed

#### **II. EIGHT SELF- PACED MODULES**

Review and complete all content material to include the following agenda:

- Pre-Assessment and Post-Assessment – 30 minutes
- Videos – 30 minutes
- Required readings – 2 hours
- Journaling – 1 hour
- Reflection questions and shared insight -1 hour

##### **1. Knowledgeable Objective**

*All Ways of Knowing*

Upon completion of this module the learner will understand all ways of knowing that inform a deeper awareness of not only self but also the lived experience of others.

##### **2. Healing Intention Objective**

*All ways of Healing*

Upon completion of this module the learner will integrate and apply Jean Watson's 10 caritas processes into his/her personal and professional life.

### **3. Personal Wholeness Objective**

*All ways of Wholeness*

Upon completion of this module the learner will adopt habits that support personal wholeness and well-being.

### **4. Courage Objective**

*All ways of Braving*

Upon completion of this module the learner will prioritize one's noble purpose and discover the strength and courage that lies within.

### **5. Advocacy Objective**

*All ways of Championing*

Upon completion of this module the learner will recognize opportunities to advocate for self and others respectfully and knowledgeably.

### **6. Role Model/Mentor Objective**

*All ways of Guiding*

Upon completion of this module the learner will integrate the qualities of humility and empathy as a role model and mentor to inspire others to greater success.

### **7. Scholarly Objective**

*All ways of Sharing*

Upon completion of this module the learner will demonstrate a devotion to learning and consistently share new knowledge willingly and respectfully across a variety of platforms.

### **8. Leader for Change Objective**

*All ways of Leading*

Upon completion of this module the learner will become a confident respectful leader for change both formally and informally.

## **III. MASTERMIND SESSIONS**

Required attendance at a minimum of 2 sessions, 90 minutes per session live. The learner is invited to attend all six Mastermind Sessions.

- Objective: The learner will experience the synergy and integration of learned concepts through a shared commitment of support, challenge and growth.

## **IV. EXAMINATION**

The objective of the final examination is to quantify knowledge transfer with regard to the science and soul of a Trauma Informed Care.