


MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sometime - ACIM LIVE	2 8:30AM - ACIM LIVE	3 8:30AM - ACIM LIVE 9:00AM - Yoga Noon - Clear Comm. BASICS 5:00PM - Qi Gong 6:30PM - Enneagram BASICS	4 8:30AM - ACIM LIVE 5:30PM - The Presence Process 6:00PM - Beginning Meditation	5 8:30AM - ACIM LIVE 9:00AM - Yoga 5:00PM - Unwinding with Yoga 6:30PM - Dialogues	6 8:30AM - ACIM LIVE 6:00PM - Greiving Together	7 Sometime - ACIM LIVE 9:00AM - Unwinding with Yoga 10:00AM - Gong Meditation
8 Sometime - ACIM LIVE	9 8:30AM - ACIM LIVE	10 8:30AM - ACIM LIVE 9:00AM - Yoga Noon - Clear Comm. BASICS 5:00PM - Qi Gong 6:30PM - Enneagram BASICS	11 8:30AM - ACIM LIVE 5:30PM - The Presence Process 6:00PM - Beginning Meditation	12 8:30AM - ACIM LIVE 9:00AM - Yoga 5:00PM - Unwinding with Yoga 6:30PM - Dialogues	13 8:30AM - ACIM LIVE 7:00PM - Singing Bowl & Gong Meditation	14 Sometime - ACIM LIVE 9:00AM - Unwinding with Yoga 10:00AM - Gong Meditation 1:30PM - Please Understand Me
15 Sometime - ACIM LIVE	16 8:30AM - ACIM LIVE	17 8:30AM - ACIM LIVE 9:00AM - Yoga Noon - Clear Comm. BASICS 5:00PM - Qi Gong 6:30PM - Enneagram BASICS	18 8:30AM - ACIM LIVE 5:30PM - The Presence Process 6:00PM - Beginning Meditation	19 8:30AM - ACIM LIVE 9:00AM - Yoga 5:00PM - Unwinding with Yoga 6:30PM - Dialogues	20 8:30AM - ACIM LIVE	21 Sometime - ACIM LIVE 9:00AM - Unwinding with Yoga 10:00AM - Gong Meditation
22 Sometime - ACIM LIVE	23 8:30AM - ACIM LIVE	24 8:30AM - ACIM LIVE 9:00AM - Yoga Noon - Clear Comm. BASICS 5:00PM - Qi Gong 6:30PM - Enneagram BASICS	25 8:30AM - ACIM LIVE 5:30PM - The Presence Process 6:00PM - Beginning Meditation	26 8:30AM - ACIM LIVE 9:00AM - Yoga 5:00PM - Unwinding with Yoga 6:30PM - Dialogues	27 8:30AM - ACIM LIVE	28 Sometime - ACIM LIVE 9:00AM - Unwinding with Yoga 10:00AM - Gong Meditation
29 Sometime - ACIM LIVE	30 8:30AM - ACIM LIVE	31 8:30AM - ACIM LIVE 9:00AM - Yoga Noon - Clear Comm. BASICS 5:00PM - Qi Gong 6:30PM - Enneagram BASICS	<div><div></div><div><div>Annette and Ada's</div><div>Academy for Personal Development</div><div>216 North Avenue, Suite 1, Grand Junction, CO 81501</div><div>(970) 462-7818 • YourCoaches@AnnetteAndAda.com • AnnetteAndAda.com</div></div></div>			<div><div>COMING SOON</div><div>Business Networking with Annette and Ada</div><div>- and -</div><div>YELLOW ROOM Retreats</div></div>