

ATTENTION WHORE

Building your influence with your personal brands stories!

Where you were....

**Start in the action scene of the story...Where were you?
Physically/emotionally/spiritually...1-2 years ago?**



**Describe those feelings, where you felt them in
your body. (chills, tears, shaking with
excitement..get creative with adjectives here!)**

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Where you were....cont...

What massive problem did you think you would never overcome? What was your biggest fear?



The last straw....your aha moment! aka rock bottom, donezo...you've had enough, time for change!

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Where you were....cont...

What actions did you take, describe the feeling in your body when you started making changes!



The butterfly from the cocoon...how is it on the other side of this? Why are you sharing to inspire?

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Where you were....cont...

Ask for the engagement...."if you have felt this way, know you aren't alone, leave a gif, send me a message, whatever...we are in this together!

