

TRAUMA INFORMED PROFESSIONAL CERTIFICATE PROGRAM

A continuous journey of self-discovery and growth moving towards excellence



This assessment-based certificate program offers both live (virtual) and self-paced curriculum which is grounded by the eight attributes of the Trauma Informed Professional. The attributes reflect competencies required for completion of this certificate program. Enrolled learners will have six-months to complete all program requirements.

PROGRAM OUTLINE

I. **SURGE MASTERCLASS**

Required attendance: 3-hour live virtual session

Objectives

- Realize the pervasiveness of trauma in everyday life
- Recognize the signs and symptoms of trauma in patients, families, colleagues and self
- Use the 5 core measures to identify ways to integrate knowledge and evidence-based best practices
- Identify one next step in daily practice to start and stop to become more trauma informed

II. **EIGHT SELF- PACED MODULES**

Review and complete all content material to include the following agenda:

- Pre-Assessment and Post-Assessment – 30 minutes
- Videos – 30 minutes
- Required readings – 2 hours
- Journaling – 1 hour
- Reflection questions and shared insight -1 hour

1. Knowledgeable Objective

All Ways of Knowing

Upon completion of this module the learner will understand all ways of knowing that inform a deeper awareness of not only self but also the lived experience of others.

2. Healing Intention Objective

All ways of Healing

Upon completion of this module the learner will integrate and apply Jean Watson's 10 caritas processes into his/her personal and professional life.

3. Personal Wholeness Objective

All ways of Wholeness

Upon completion of this module the learner will adopt habits that support personal wholeness and well-being.

4. Courage Objective

All ways of Braving

Upon completion of this module the learner will prioritize one's noble purpose and discover the strength and courage that lies within.

5. Advocacy Objective

All ways of Championing

Upon completion of this module the learner will recognize opportunities to advocate for self and others respectfully and knowledgeably.

6. Role Model/Mentor Objective

All ways of Guiding

Upon completion of this module the learner will integrate the qualities of humility and empathy as a role model and mentor to inspire others to greater success.

7. Scholarly Objective

All ways of Sharing

Upon completion of this module the learner will demonstrate a devotion to learning and consistently share new knowledge willingly and respectfully across a variety of platforms.

8. Leader for Change Objective

All ways of Leading

Upon completion of this module the learner will become a confident respectful leader for change both formally and informally.

III. MASTERMIND SESSIONS

Required attendance at a minimum of 2 sessions, 90 minutes per session live. The learner is invited to attend all six Mastermind Sessions.

- Objective: The learner will experience the synergy and integration of learned concepts through a shared commitment of support, challenge and growth.

IV. EXAMINATION

The objective of the final examination is to quantify knowledge transfer with regard to the science and soul of a Trauma Informed Approach to Care.