

ATTENTION WHORE

Building your influence with your personal brands stories!

Your Future Self- Let's build her

Picture your best life...who will you be a year from now...Not what you think you can be, but what you deserve. Write out all the things you want, not just material, but freedoms.



Now let's write about her...Talk about her like she already exists with certainty (I never imagined I could be this woman setting/doing/building/achieving (insert big goal here)).

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**How are you becoming her? What steps are you taking?
How excited are you that you are becoming her? Describe
that feeling in your body...(adjectives)**



**What old beliefs did have you let go to finally
believe she could exist? Why Do you KNOW this is
happening for you!**

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**How long did you chose to believe you couldn't be her?
Why is it better to believe bigger things for yourself? HOW
PUMPED ARE YOU THAT YOU ARE THIS NEW PERSON?**



**Ask for the engagment..."whats your wildest
dream? Whats your biggest goal? IF you could do
anything, what would it be?"**